



BTEC Sport

“In a digital world, sport provides opportunities to bring people together.”

Edwin Moses

Course content

BTEC Level 2 Sport is a work-related course: you learn by completing projects and assignments that are based on realistic workplace situations, activities, and demands. It introduces you to the employment area you have chosen and provides a good basis to go on to a more advanced work-related qualification. It prepares you for employment and provides a good grounding to go on to a more advanced course.

Skills developed

- Team work
- Leadership
- Resilience
- Cooperation
- Self-awareness

Topics covered

- Fitness testing for sport and exercise
- Practical sports performance
- Training for personal fitness
- Leading sports activities

For more information

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