



Physical Education

“Every accomplishment starts with the decision to try.”

Anon

Course content

Core Physical Education is taught across the school to all pupils. Carr Manor Community School has excellent sporting facilities which include a Climbing Wall, Astroturf and Multi Use Games Area (MUGA).

Core Physical Education covers a range of different sports, including team games, outdoor games and adventurous activities. Physical Education will develop coordination, team building and communication skills.

Skills developed

- Organisation
- Leadership
- Communication
- Team work
- An extensive knowledge of the importance of physical activity and a healthy lifestyle

Topics covered

- Climbing
- Orienteering
- Dance
- Trampolining
- Badminton
- Cricket
- Netball
- Football
- American Football
- Softball
- Tennis
- Gymnastics
- Rugby
- Hockey

For more information

Miss Walker

walkern04@carrmanor.org.uk

